

# Pharmacology



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# Signaling Mechanisms and Drug Action

- Main categories of receptors:

▪ **Intracellular receptor:**

→ **Lipid-soluble ligand:** Steroids & L-Dopa & Vit-D.

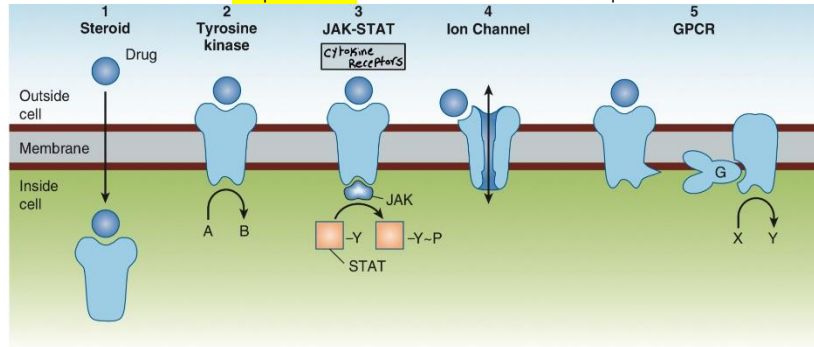
▪ **Extracellular receptor:**

→ Regulated allosterically by binding of **ligand on the extracellular domain**.

→ Ligand binds & stimulates an intracellular **protein tyrosine kinase**.

→ Ligand gated ion channel that can be **induced to open or close** by the binding of a ligand.

→ The receptor stimulates a **G protein**, which modulates production of second messengers.



## 1) Receptors for Lipid-Soluble Agents "gene-active" receptors

- **Steroids:** corticosteroids, mineralocorticoids, sex steroids, vitamin D & **Thyroid Hormone**.

▪ Those Receptors Stimulate genes transcription by binding to DNA response elements near the gene that its expression is regulated.

- Mechanism of Glucocorticoid action:

▪ In the absence of hormone, the receptor is bound to hsp90,

→ **hsp90: prevent normal folding of several structural domains of receptor.**

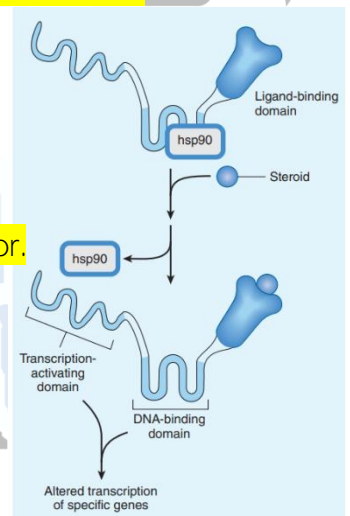
▪ Glucocorticoid (GC) diffuses into the cell membrane.

▪ GC binds to an intracellular receptor and **hsp90 protein dissociates**.

▪ DNA-binding and transcription-activating domains of the receptor.

→ Fold into their functionally active conformations.

▪ Alterations in target genes transcription.



- Important Therapeutic Consequences:

▪ Their effect produced after **a lag period** of 30m-hour.

→ **Due to the time needed to produce proteins.**

→ **We don't expect to alter pathology (symptoms of bronchial asthma) within minutes.**

▪ Their effect can **persist for hours or days after agonist concentration reaches zero; due to slow turnover** (long-half-life of proteins).

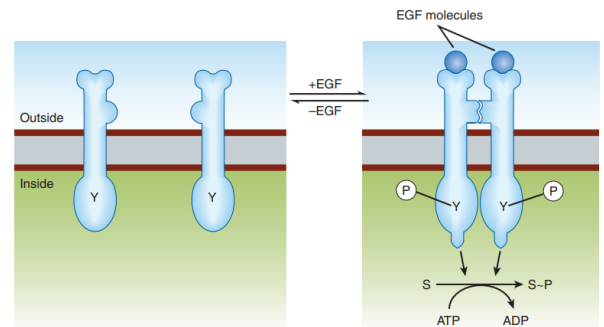
→ Most enzymes and proteins remain active in cells for hours or days after synthesis.

→ Their effects decrease slowly when administration stopped.

## 2) Tyrosine kinase Receptors.

- Mediates the actions of:
  - Insulin, **Epidermal growth factor (EGF)**, Platelet-derived growth factor (PDGF), Atrial natriuretic peptide (ANP), Transforming growth factor- $\beta$  (TGF $\beta$ ) & Other trophic hormones.

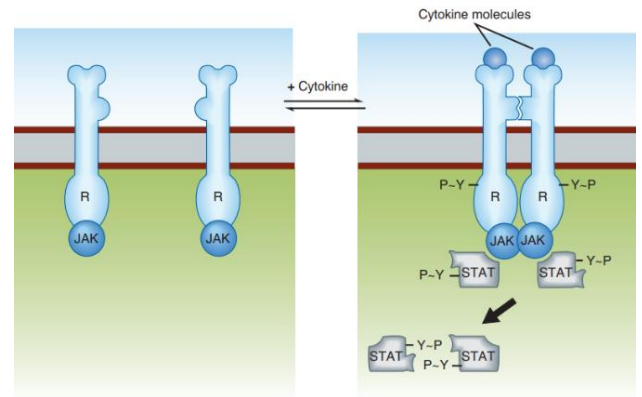
- Have 3 domains:
  - **Extracellular hormone binding domain.**
  - **Connected by a hydrophobic segment.**
  - **Cytoplasmic enzyme domain: initiate the response (intrinsic part of receptor).**
    - **Tyrosine kinase protein**
    - **Serine kinase, or a guanylyl cyclase**



- Binding of the ligand will stimulate conformational change, of the receptor to change from monomeric to dimeric form.
- This dimerization will stimulate intracellular cascade of events, including:
  - **Activation of Tyrosine kinase protein.**
    - **Phosphorylation of the dimeric form** (at tyrosine) & the downstream signaling proteins.
  - Then, activate a cascade of events in the cell.
- Duration of action:
  - The effect is limited by down-regulation.
    - Binding of ligand enhances endocytosis & degradation of the ligand & its receptor.
    - If occurred at high rate than de novo synthesis of receptors this will leads to:
      - Reduce the number of receptors & cell responsiveness.
      - Example:
        - ⇒ EGF receptor tyrosine kinase, which undergoes rapid endocytosis followed by proteolysis in lysosomes after EGF binding.
        - ⇒ Genetic mutations that interfere with this process cause excessive growth factor-induced cell proliferation and are associated with cancer.
- **Tyrosine kinase protein inhibitors:**
  - Used in neoplastic disorders.
  - Binds to the extracellular domain:
    - Interfere with binding of growth factor.
    - Monoclonal antibodies (eg, trastuzumab, cetuximab).
  - Inhibit the receptor's kinase activity in the cytoplasm:
    - Membrane-permeant molecules (eg, gefitinib, erlotinib).

### 3) Cytokine Receptors

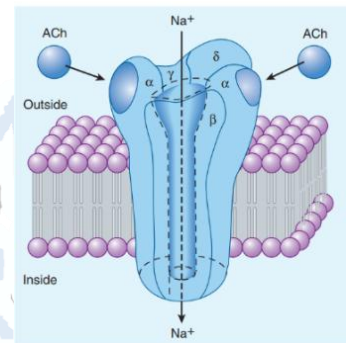
- Endogenous Ligands:
  - Regulators of growth & differentiation.
  - Growth hormone
  - Erythropoietin
  - Interferon
- Have 3 domains:
  - **Extracellular hormone binding domain.**
  - **Connected by a hydrophobic segment.**
  - **Cytoplasmic enzyme domain: bounded to JAKs.**
- Cytokine Kinase Signaling
  - Ligand binds to a receptor and causes two receptor molecules to **dimerize**.
  - Activation of JAKs protein & Phosphorylation of tyrosine residues on the receptor.
  - Phosphorylation of STAT molecules by JAKs.
  - **STAT dimerization** then travels to the nucleus, where they regulate gene transcription.



☒ **These receptors work like previous type, except that the tyrosine-kinase activity is not intrinsic to the receptor molecule. Instead, a separate tyrosine-kinase (JAK) binds receptor.**

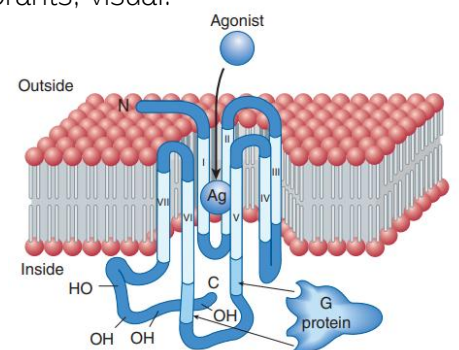
### 4) Ion Channels

- Regulate influx or efflux of ions, thus altering the electrical potential.
- Transmits its signal across the membrane by altering the electrical potential across the membrane.
- Ligand-Gated Ion Channels:
  - Those ligands: Acetylcholine, Serotonin, GABA & Glutamate.
- Voltage-Gated Ion Channels: controlled by membrane potential.
- Cholinergic receptors:
  - Muscarinic receptors.
  - Nicotinic receptors.
    - ➔ Found in the ganglion & muscles & CNS.
    - ➔ Composed of five subunits (2 $\alpha$ , 1 $\beta$ , 1 $\gamma$ , 1 $\delta$ ).
    - ➔ When ACh binds to sites on the extracellular domain of its  $\alpha$  subunits, **the receptor opens allowing Na<sup>+</sup> ions to go inside the cell.**



### 5) G-Protein Coupled Receptors – GPCR

- Receptors for: Monoamines, serotonin, Ach, peptide hormones, odorants, visual.
- **Most common & most important receptors in the body.**
- 7 Transmembrane domain Receptor (**serpentine receptors**).
- Its components:
  1. The Extracellular Ligand and Receptor.
    - ➔ 7 Transmembrane domains:
      - Loops numbered (I-VII).
      - ❖ Agonist will bind between I & III.
      - ❖ G-Protein binds to V & VI.
      - C-terminus: Contains serine & threonine residues whose (-OH) can be phosphorylated.
      - N-terminus binds to ligand.



## 2. GTP-binding protein (G Protein)

→ Separate part of the receptor.

→ Consists of:

- $\alpha\beta\gamma$  complex.

- When it is inactive: It binds to GDP.

- When it is active: It binds to GTP.

- ❖ The  $\alpha\beta\gamma$  complex will dissociate →  $\beta\gamma$  will stay stationary.

- ❖  $\alpha$  will activate or inhibit Effectors to produce Second Messengers.

→ G proteins activate their downstream effectors when bound by GTP and also have the ability to hydrolyze GTP (يعني بحفزوا حالهم وبثبطوا حالهم لحالهم).

- This hydrolysis reaction inactivates the G protein.

- ❖ But can occur at a relatively **slow rate**.

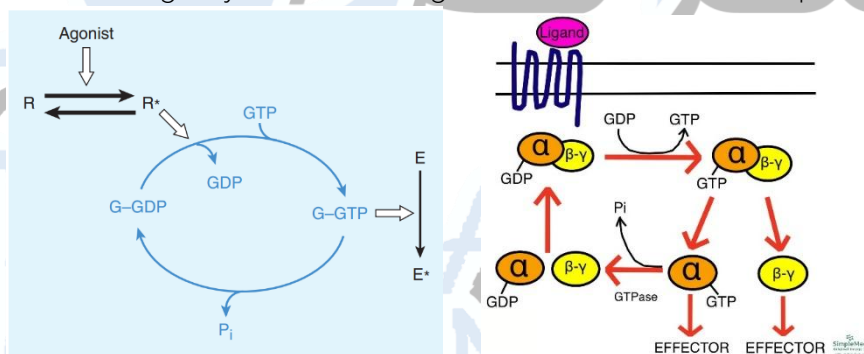
- ⇒ Amplifying the transduced signal.

- ↳ By allowing the activated G protein to have a longer lifetime in the cell than the activated receptor itself.

- ⇒ Active G-protein may remain active for seconds, enormously amplifying the signal.

- ⇒ This mechanism also helps explain how signaling by G proteins produces the phenomenon of spare receptors.

- ↳ GTP-bound Gs molecule, however, the duration of effector activation depends on the longevity of GTP binding to Gs rather than on receptor's affinity to NTs.



→ The endogenous ligands bind and stimulate receptors that couple to different G proteins.

- The apparent promiscuity of such a ligand allows it to elicit different G protein-dependent responses in different cells.

- Example: NE stimulates (Gq-coupled  $\alpha$  receptors) in cutaneous blood vessels, & stimulates (Gs-coupled  $\beta$  receptors) in the heart.

## G-protein Signaling

1) Signaling Molecule binds to the Receptor & stabilizes its conformational state.

2) Opening a cavity in the receptor's cytoplasmic surface that binds the G protein.

3) Reduces nucleotide affinity for the G protein, allowing GDP to dissociate and GTP to replace it.

4) Active form of G protein dissociates from the receptor and can engage downstream mediators.

- Activate or inhibit Effectors to produce Second Messengers

5) Signal is terminated by hydrolysis of GTP, returning the system to the basal unstimulated state.

- Summary:

- GPCR-G protein coupling involves conformational change in both proteins,

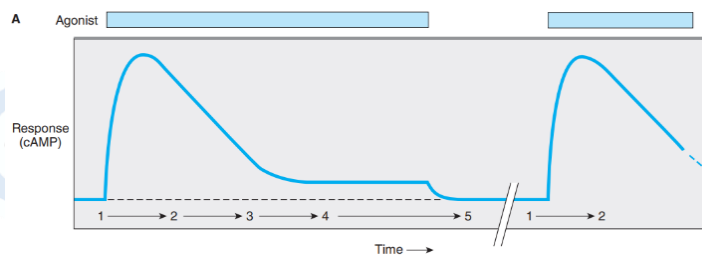
- Allowing agonist binding to the receptor to effectively "drive" a nucleotide exchange reaction that "switches" the G protein from its inactive (GDP-bound) to active (GTP-bound) form.

**TABLE 2-1 G proteins and their receptors and effectors.**

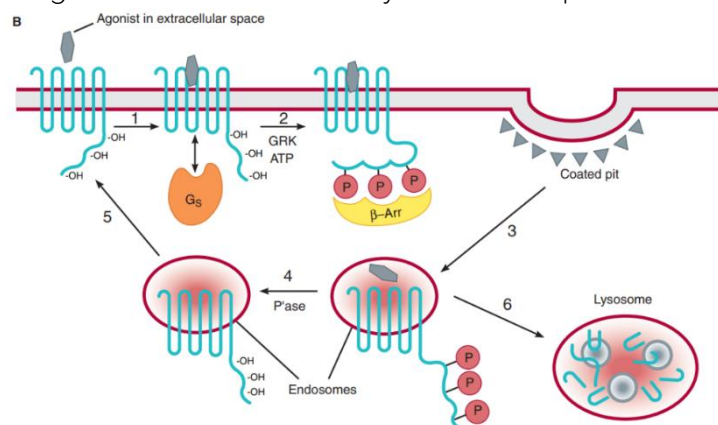
| G Protein                                                | Receptors for                                                                                      | Effector/Signaling Pathway                                                                                |               |
|----------------------------------------------------------|----------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|---------------|
| G <sub>s</sub>                                           | β-Adrenergic amines, histamine, serotonin, glucagon, and many other hormones                       | ↑ Adenylyl cyclase → ↑ cAMP                                                                               | ⊕ Stimulation |
| G <sub>i1</sub> , G <sub>i2</sub> , G <sub>i3</sub>      | α <sub>2</sub> -Adrenergic amines, acetylcholine (muscarinic), opioids, serotonin, and many others | Several, including:<br>↓ Adenylyl cyclase → ↓ cAMP<br>Open cardiac K <sup>+</sup> channels → ↓ heart rate | ⊖ Inhibition  |
| G <sub>olf</sub>                                         | Odorants (olfactory epithelium)                                                                    | ↑ Adenylyl cyclase → ↑ cAMP                                                                               | ⊕ Stimulation |
| G <sub>o</sub>                                           | Neurotransmitters in brain (not yet specifically identified)                                       | Not yet clear                                                                                             |               |
| G <sub>q</sub>                                           | Acetylcholine (muscarinic), bombesin, serotonin (5-HT <sub>2</sub> ), and many others              | ↑ Phospholipase C → ↑ IP <sub>3</sub> , diacylglycerol, cytoplasmic Ca <sup>2+</sup>                      | ⊕ Stimulation |
| G <sub>t1</sub> , G <sub>t2</sub><br><i>Retina (Eye)</i> | Photons (rhodopsin and color opsins in retinal rod and cone cells)                                 | ↑ cGMP phosphodiesterase → ↓ cGMP (phototransduction)                                                     | ⊕ Stimulation |

### Receptor Regulation and Desensitization:

- Many GPCRs are regulated by phosphorylation.
  - Done By Kinases (esp. GRK) and reversed by phosphatases.**
- Desensitization:** G protein-mediated responses attenuate with time after reaching a high level, the response diminishes over seconds or minutes, even in the continued presence of the agonist.
  - It is often reversible.
  - 2<sup>nd</sup> exposure, after first exposure termination, leads to similar response (**Resensitization**).



- GPCRs regulation (**Resensitization**):
  - Agonist binding** to receptors **initiates signaling** by **G proteins (Gs)** located in cytoplasm.
  - GRK will phosphorylate the receptor at C-terminal serine residues:
    - Increases the receptor's affinity to β-arrestin to binding to the receptor.
      - ↓ Receptor's ability to interact with Gs, (reducing the agonist response).
      - β-arrestin binding also accelerates endocytosis of receptors.



- The receptor-arrestin complex binds to coated pits, promoting receptor internalization.
  - Endocytosis of receptors promotes their **dephosphorylation** by phosphatases.
  - Dissociation of agonists from internalized receptors; thus ↓ β-Arrestin binding affinity.
- Return of receptors to the plasma membrane.

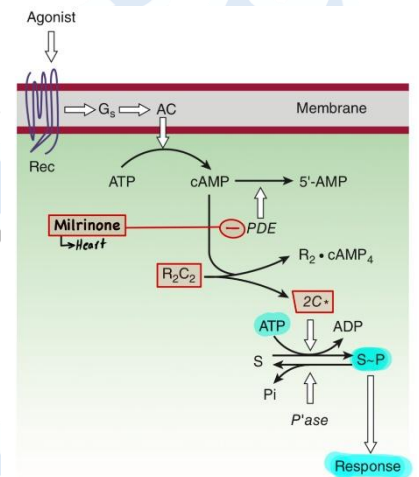
## ☒ Internalized receptors may go to lysosomes & Promoting receptor down-regulation.

- Alterations in Number or Function of Receptors
  - The agonist itself induces a:
    - ➔ Decrease in the number (eg, down-regulation) of its receptors.
    - ➔ Decrease in the coupling efficiency (eg, desensitization) of its receptors.
  - An antagonist may increase the number of receptors.
    - ➔ By preventing down-regulation this may lead to up-regulation.
    - ➔ When the antagonist is withdrawn, the elevated number of receptors can produce an exaggerated response to physiologic concentrations of agonist.
- Types of desensitization:
  - Homologous: related to occupation of receptor by agonist & occupied receptor only is altered.
  - Heterologous: related to excess production of cAMP & other adenylate cyclase-coupled receptors are altered.

## Second Messengers

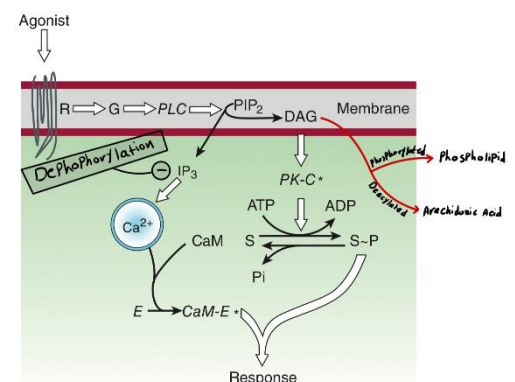
### - Cyclic Adenosine Monophosphate (cAMP)

- Mediates many hormonal responses:
  - ➔ PTH, ADH, HR, heart contractility, insulin, steroids.
- cAMP exerts most of its effects by stimulating cAMP-dependent protein kinases, that composed of:
  - ➔ cAMP-binding regulatory (R) dimer & two catalytic (C) chains.
  - ➔ When cAMP binds to R dimer, active C chains are released.
  - ➔ C chains diffuse through the cytoplasm and nucleus,
    - o Transfer (Pi) from ATP to appropriate substrate proteins, often enzymes.
      - ❖ Depending on the organ & the action.
- When the hormonal stimulus stops, the intracellular actions of cAMP are **terminated** by:
  - ➔ **cAMP degradation into 5'-AMP** by cyclic nucleotide phosphodiesterases (PDEs).
    - o Milrinone:
      - ❖ Selective inhibitor of type 3 phosphodiesterases
      - ❖ Used as an adjunctive agent in treating acute heart failure.
    - o Caffeine, theophylline, and methylxanthines:
      - ❖ Competitive inhibition of cAMP degradation.



### - Phosphoinositides and Calcium

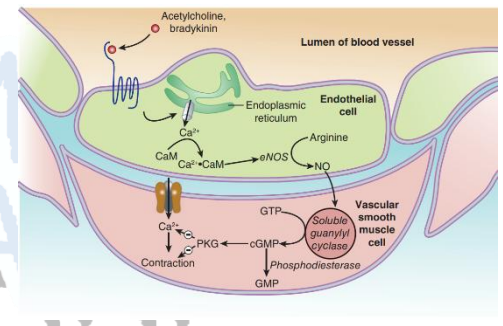
- Mediates many other hormonal responses.
- The crucial step is stimulation of phospholipase C (PLC)
  - ➔ Which splits (PIP2), into two second messengers:
    - o Diacylglycerol (DAG):
    - o Inositol-1,4,5-trisphosphate (IP3).



- Diacylglycerol (DAG):
  - ➔ Activates a phospholipid & calcium sensitive protein kinase (protein kinase C).
- Inositol-1,4,5-trisphosphate (IP3).
  - ➔ Trigger release of  $\text{Ca}^{2+}$  from storage vesicles ➔ Elevated cytoplasmic  $\text{Ca}^{2+}$ .
    - Promotes the binding of  $\text{Ca}^{2+}$  to calmodulin, which regulates activities of other enzymes, including calcium-dependent protein kinases.
- Mechanisms to damp or terminate signaling:
  - ➔ **IP3 is inactivated by dephosphorylation.**
  - ➔ **DAG is either:**
    - **Phosphorylated** to yield phosphatidic acid, which is then converted into phospholipids,
    - Deacylated to yield arachidonic acid;
  - ➔  $\text{Ca}^{2+}$  is actively removed from the cytoplasm by  $\text{Ca}^{2+}$  pumps.

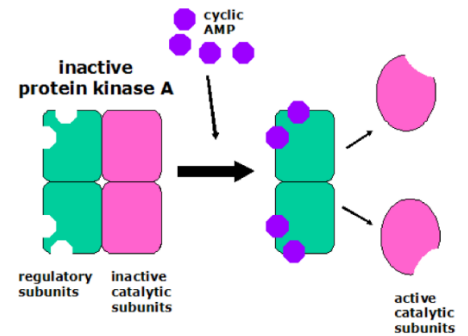
#### - Cyclic Guanosine Monophosphate (cGMP)

- Has established signaling roles in only a few cell types (Unlike cAMP).
  - ➔ In intestinal mucosa and vascular smooth muscle.
  - ➔ Atrial natriuretic peptide (ANP).
- cGMP-based signal transduction mechanism closely parallels the cAMP signaling mechanism.
- Ligands detected by receptors stimulate guanylyl cyclase to produce cGMP,
  - ➔ cGMP acts by stimulating a cGMP-dependent protein kinase (protein kinase G).
  - ➔ Increased cGMP concentration
    - Caused by:
      - ❖ Activating the guanylyl cyclase activity that resides in the receptor's intracellular domain (TKR).
      - ❖ Mediates responses to nitric oxide that activates guanylyl cyclase activity
    - Causes:
      - ❖ Relaxation of vascular smooth muscle.
      - ❖ Dephosphorylation of myosin light chains
- Mechanisms to damp or terminate signaling:
  - ➔ Enzymatic degradation of the cyclic nucleotide
  - ➔ Dephosphorylation of kinase substrates



| ☒ Name                         | ☒ Produced by                      | ☒ Downstream proteins             |
|--------------------------------|------------------------------------|-----------------------------------|
| ☒ cAMP                         | ☒ Adenylyl cyclase                 | ☒ Protein kinase A                |
| ☒ Phosphoinositides (IP3)      | ☒ Phospholipase C (PLC)            | ☒ Endoplasmic reticulum receptors |
| ☒ Diacylglycerol (DAG)         |                                    | ☒ Protein kinase C                |
| ☒ Calcium ( $\text{Ca}^{2+}$ ) | ☒ Its release is stimulated by IP3 | ☒ ---                             |
| ☒ cGMP                         | ☒ Guanylyl cyclase                 | ☒ Protein kinase G                |

- Effector: **Adenylate cyclase** & Second Messenger: **cAMP**.
  - **Gs** → **Adenylate cyclase** → (ATP → cAMP)
  - **cAMP** will stimulate **Protein Kinase A**.
    - **2 catalytic subunits**, normally inhibited by regulatory ones.
    - **2 regulatory subunits**, will dissociate from catalytic subunits by binding of 4cAMP.
    - This will **increase the PKA activity** (not levels).
      - o Increase the phosphorylation to do the response.



THE END OF CHAPTER 2-2



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